

BREAKOUT SESSION

Turning inspiration into real time action.

"Seb's sessions are hilarious, inspiring and actionable. So many of my team are moved to implement his plan. We wished for more time with him. I'd highly recommend gifting your team some time with Seb."

NICK D · GLOBAL CMO, GOOGLE

Leveraging Seb's powerful keynote messaging, individuals and teams are guided through a 3 Step action framework to help attendees create and take action on their most meaningful goals, within the session.

Utilizing the ME · YOU · WE Method, individuals and teams blend individual growth with shared collective vision as they Unlock Limitless Possibility for themselves and each other.

ME	YOU	WE
INDIVIDUAL SPARK	IGNITE OTHERS	YOU + ME = WE
Create future vision Build the plan Take action	Build connection Create accountability Lead with curiosity	Workplace vision Give everyone a role Amplify the impact

WHAT CLIENTS SAY

"THIS BREAKOUT LIT A FIRE UNDER MY TEAM'S ASS! OUR WAY OF CONNECTING AND TAKING ACTION HAS COMPLETELY CHANGED BECAUSE OF SEB'S FRAMEWORK."

SUZI BATIZ · FOUNDER, POO POURRI

TAKE AWAYS

Complemented by a custom workbook that works alongside the interactive learning and action elements, the Unlock Limitless Possibility breakout empowers your teams to not just define the future but bring it to life, too.

- 01 A personal and professional bucket list.
- 02 Fulfillment Factor Formula: online tracking and planning tool to arrange, prioritize and action goals.
- 03 PDF workbook.

FORMATS

60 minutes through to half day workshops. Recommended as an add on to Seb's keynote.